

RDAPC December NEWSLETTER

Christmas Fitmas

Stay active this holiday season with our **Active 55 Christmas Fitmas Pass!** For just **\$33**, you'll get access to **over 16 classes**—all in one easy registration. It's the perfect chance to try something new, explore classes you've been curious about, and keep your energy up during the festive season. From strength and cardio to relaxing stretches, there's something for everyone!

For more details, visit www.get.on.ca/rdapc



You have questions - we have answers!

Starting January 2026, our own Certified Urban Pole Walking Instructor, Nancy Revie will be adding her expertise to the RDAPC Newsletter. Nancy has a plethora of experience in the fitness world...and writing. She's going to combine them both and answer questions she has heard in class using her usual humorous way. She'll tackle everything from 'what can I expect when I go to RDAPC?' to the best question she heard recently in her pole-walking exercise class - 'what's with the sticks anyway?'

Along with questions answered, Nancy will share her knowledge of older adult fitness and other stuff in a fun, friendly, informative way. We're excited to bring Nancy on board with the RDAPC newsletter. Stay tuned!

❄️ Winter 2026 Fitness Classes ❄️

Registration is Open!

Stay active, stay social, and stay warm this winter with a wide range of fitness classes, recreational programs, and community events across Guelph-Eramosa Township. 🧡🌟 Programs are offered at our various Recreation Facilities in Marden and Rockwood.

From boosting your fitness to joining in fun, community-building activities, there's something for everyone this season!

👉 Learn more & register: www.get.on.ca/fitness

🏌️ Indoor Golf 🏌️

When the weather doesn't cooperate, our indoor turf field steps up—because yes, we do golf inside! We've got the indoor golf balls ready to go, and you can bring your own clubs to swing just like you would at a regular driving range. It's an easy, laid-back way to keep your game sharp and have some fun, no matter what's happening outside.

Mondays and Fridays: 12:30pm – 3:30pm
\$8.00/bucket or \$15.00/2 buckets

Notice of Pricing Increase

Please be advised that our fees will be going up on **January 1**, based on the cost of living, as they do each year. These annual adjustments help us continue offering well-maintained facilities, quality programs, and a positive experience for everyone who walks through our doors. We want to ensure our community has plenty of notice so you can plan ahead without any surprises. If you'd like to take advantage of current 2024 pricing, we encourage you to stop in before December 23. It's also **a great time to pick up one or two 10-visit memberships**—perfect for stocking up before the new rates take effect. We truly appreciate your understanding and continued support as we work to keep delivering the services you enjoy.

December Track Cancellations

Tuesdays 6:00pm – 8:00pm

Wednesdays 6:00pm – 8:00pm

Saturday 10:30am – 12:00pm

Sundays 9:30pm – 1:30pm

(only lanes 3 & 4, walking lanes remain open)

Holiday Hours

Closed: December 23 – 26

Open: December 27 & 28, 11:00 AM – 5:00 PM

Closed: December 29 – January 1

Regular hours resume: January 2, 2026



G.E.T. News

A Time for Giving

All December long, we're collecting donations in support of East Wellington Community Services. If you're able to give, we'd love your help in making the season a little brighter for local families. Drop-offs can be made at our facility and the Townships main office. Every contribution, big or small, goes a long way in supporting our community.



G.E.T. Parks

The Rockmosa Park Playground is OPEN!

We're excited to share that the new addition to playground is now ready for play! The rubber surface has cured, inspections are complete, and the space is safe, fresh, and waiting for your little adventurers. Thank you to everyone for your patience throughout construction — we hope you enjoy the new features and have tons of fun making memories in this updated space!
See you at the park!

